

SUNCREST NEWS

*Lapeer County Medical Care Facility
1455 Suncrest Drive
Lapeer, MI. 48446
(810) 664-8571
www.lcmcf.org*

ADMINISTRATOR NEWS

By Gary Easton, Administrator

New Board Member Appointed

As you know, one of our governing board positions is appointed by the Governor, for a 3 year term. Our past Governor's appointee was Joanne Densmore. The board thanked Mrs. Densmore for her three years of service to Suncrest and the many contributions she made to Suncrest while serving on the Human Services Board.

We are pleased to announce that Governor Granholm has appointed Mary T. Parmer, MSW to serve as our State Appointee on the Lapeer County Human Services Board effective January 27, 2010. Mary likes to be called Terri.

Terri works at Lapeer Regional Medical Center as their Customer Service/Recipient Rights Coordinator.

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She has worked for Lapeer Regional in various capacities over the past ten years. Six of these years she worked as one of their main Social Workers/Discharge Planners.

Prior to working at the hospital, Terri worked in nursing homes for eight years as a Social Worker/Discharge Planner.

Terri received her Bachelor's degree in Social Work from Ferris State University and her Master's degree in Social Work from Michigan State University.

We are looking forward to working with her and when you meet her, please extend a warm Suncrest welcome.

Attention Family members and Responsible Parties!

Please see Laundry Department if your family member is missing clothing. Laundry is open seven days a week from 7am-3:30pm. All unclaimed clothing is kept for 90 days.

If interested in ordering Suncrest apparel (sweatshirts, hats, cardigans, or jackets) please see Gloria Fick, Laundry Supervisor. She can also be reached at 810-664-8571 ext. 115.



ACTIVITIES NEWS

By Lisa Smith

Greetings from Activities!

Sunshine, flowers, pastel colors, a hint of warmth... doesn't that sound nice? Well, we will see them all soon. Daylight Savings Time Begins Sunday, March 14th. Spring will be here before you know it - Saturday, March 20th. And then soon after that, Easter will be here. Don't forget to mark your calendars for the following opportunities to celebrate:

St. Patrick's Day - March 17th
 First Day of Spring - March 20th
 Palm Sunday - March 28th
 First Day of Passover - March 30th
 Good Friday - April 2nd
 Easter - April 4th
 National Volunteer Week - April 18-24
 Arbor Day - 30th
 Mother's Day - May 9th
 Nursing Home Week - May 9th-May 15th
 Armed Forces Day - May 15th
 National Maritime Day - May 22nd
 Memorial Day - May 31st

Be sure to check the Activity Calendars for upcoming activities. You can view the monthly calendar at our website: www.lcmcf.org.

Quote of the day.

"A smile is an inexpensive way to change your looks."
Charles Gordy



We value and appreciate our volunteers all year long, but April is the month we recognize volunteers. National Volunteer Week is April 18th - 24th, 2010. If anyone is interested in becoming a volunteer, please see the Receptionist, Tina, for an application. We would love to have you on our team! We are always looking for volunteers to entertain for the residents. The residents like piano players, singers and musicians, as well as special demonstrations or displays. If you have a special talent or cultural display you would like to share, please call the Activities Director, Lisa Smith.

Remember, Think Spring!

CONSTRUCTION SAFETY ALERT!!!

Soon it will be nice weather and everyone will be anxious and curious on looking at the progress of the Facility's building progress.

The construction area has an orange fence around it. Do not cross this fence into the construction area. This is for your safety. Only authorized personnel are allowed inside the orange fence area.

Also, the pavilion and gardens will be open this summer but the only way for residents, visitors and employees to access it will be by a new sidewalk down by the oxygen tanks located out in back of the Facility by the employees parking lot.

Thank you for your cooperation.

Building Project Update

In late December, construction began by moving the water and gas lines 75 feet further to the south end of our property (toward the apartment complex). These lines had to be moved before we began digging the footings and basement equipment room. These two lines were moved and new ones installed by mid January.

Beginning in February, the basement equipment room and foundation footings had been dug and cement was being poured. Currently, the foundation walls are being formed and cement continues to be poured.

It is exciting to see the project plans starting to take shape. So far, the weather has not hampered our construction. Stay tuned for future updates.

Suncrest Auxiliary

For the past 54 years the Suncrest Auxiliary has provided entertainment, Bingo, equipment for physical therapy, special chairs, the Gazebo, and much more, all for the enjoyment and comfort of the residents. Their major fundraising is through Tag Day and the Annual Nut Sale.

The Auxiliary always welcomes new members.

The Auxiliary just hosted a meeting in February to provide details to new members. Another meeting is planned for the Spring.

Membership in the Auxiliary allows the opportunity to directly help our residents. All funds are used to benefit the needs of the residents. Everyone has different talents to share and welcome your help! For more information on the Suncrest Auxiliary and how to join (annual dues are just \$2.00), please call Theresa Spencer at 810-338-5416.

“Tea Thyme in the Garden”

The Lapeer Master Gardeners will be having their seventh annual Tea Thyme in the Garden and Tour of the Display Gardens on Sunday, July 11, 2010. There is usually two seating's and tickets must be purchased in advance. Mark your calendars now and we will let you know when tickets go on sale.

Our House

By Laurie Pagel

In-service

Suncrest is having our 5th annual Junk in the Trunk Sale in the Lapeer County Medical Care Facility parking lot May 14, 2010. Purchase a parking spot for \$15. Load up you car, trailer and truck and sell your treasures at our giant flea market.

All rental fees will be used for “Our House” committee which enhances the lives of our residents.

ATTENTION EMPLOYEES

Please look below to see if you are to receive an award this year. If so, you need to go the Front Office no later than Wednesday, March 3, 2010 to pick out your award. The date of the Awards Banquet is May 5, 2010.

5 Years of Service	10 Years of Service	15 Years of Service	20 Years of Service	25 Years of Service
Ruby Buckner	Mary Jackson	Douglas Campbell	Ruth Brower	Kathy Herrick
Heather Evans	Lisa Mersino	Polly Diaz	Cheryl Engle	Laura Pagel
Bryan Kirby	Norma Slater	Beth Smith	Patricia Hunkins	Dr. Rita Lang
Ronda Stone	Victoria Yakes	Rebecca Conley	Josie Easton	Rhonda Sealey
Emily Weeder	Allison Love	Shawn McDonald	Wendi Fischer	
Marcia Butler	Toni Parker	Theresa Spencer		
Marcie Houck	Natalie Sweeney			
Wendy Jackson				
Janie Jefferson				
Anne Mahoney				
Shannon Mangold				
Jennifer Nordbye				
Stacy Trudeau				
Brande Wehl				
Teresa Willert				

AUXILIARY ACTIVITIES AND UNIT APPOINTEES

Annual Meeting – April 22, 2010 1pm Activities Room

Summer Parties – June 16, 2010 2:15pm
July 21, 2010 2:15pm

Luncheon for Auxiliary August 25, 2010 12pm 2nd Floor Dining Room

Tag Day - September 10, 2010

Bingo 2nd Thursday – Mayfield 4th Thursday – Lapeer

The Auxiliary Board meets the third Thursday of each month, omitting December, at Suncrest Medcial Care Facility 1:15pm. The telephone number is 810-664-8571

Infection Control News

Billing News

Responsible Parties,

If you have received new insurance cards please bring them to the front office so we may make a copy of them for our records. Thank you.

A Special Thanks

We now have a station set up in the Special Care Unit with antique dressing table, fur coats and jewelry for our residents to enjoy.

We would like to thank Pat Clark from Frank's Antiques for her generous donation of jewelry. Thanks to her we had enough jewelry for all residents to wear for their holiday parties.

Hello Family Members,

I have a few things to tell you, that I feel might help you to understand why all the consent and information regarding the flu has been sent out to you this year.

The State and Federal guidelines require all Facilities to provide you with information on the admission of your family member regarding the Seasonal Flu Vaccine and Pneumonia vaccine. In addition to this we also must notify you annually. So every fall we send a letter telling you the side effects of the flu vaccine. This provides you a chance to decline to have your family member have the Vaccine.

In the fall of 2009 we were especially busy with the Seasonal Flu Vaccine as well as the H1N1 Vaccine. In the future I hope we do not have this happen again as it caused the residents to have two painful injections instead of one.

Normally we get one Influenza Vaccine which can contain many strains of the flu. However, the H1N1 vaccine was not available to be added to the Seasonal Vaccine when it was being made. This lead to the extra injection. Next year I hope to be back to just one vaccine.

The extra mailing of the consent forms was just because we needed special permission to give the H1N1 Flu vaccine. If you did not want your family member to have the H1N1 it was not given unless I got a signed consent from you. There were several that chose not to have the H1N1 and that is fine. We always support you on your decisions.

Sincerely,
Sherry Simmons, RN
Infection Prevention and Control

Phone:

810-664-8571

Fax:

810-664-1677

Administrator

Gary Easton, M.A. N.H.A.

Medical Director

Charles Frankowiak, M.D.

Director of Nursing

Doug Campbell, D.O.N

Assistant Director of Nursing

Rhonda Sealey, A.D.O.N

Admissions

Linda Stone, R.N.

Activities Director

Lisa Smith

Director of Social Services

Kris Strickler, L.B.S.W.

Social Worker

Virginia Coulter

Director of Food Services

Cathy Kauflin

Housekeeping

Robin Cargill

Director of Maintenance

Dan Cowsert

Business Staff Supervisor

Lynda Arms

Beauty Shop

Annita Coulter

Medical Records Coordinator

Lynne Rose

Laundry/Purchasing

Gloria Fick

Director of Daycare

Diann Miller

Restorative Nursing

Mary Jackson, R.N.

The Restorative Nursing and Skilled Therapy Departments would like to extend their thanks and appreciation to the generosity of the Suncrest Auxiliary for purchasing new rehabilitation equipment for the resident's use. The residents have enjoyed and benefited greatly from the Standing Frame and the Nu-Step recumbent stepper.

The residents have enjoyed working on paper Mache piñatas. Over the next few weeks we plan on making Halloween treats with our residents.

The Skilled Therapy Department would also like to welcome the newest member of the rehab team. Carrie Delong is the new Rehab Manager for the department and brings with her nine years of experience in rehabilitation.

The Following Information: HIPAA Policy, Corporate Compliance Policy, Fire Safety Policy, Residents Rights, State Surveys for the current year, can be found in the Front Lobby, in racks on both 1st and 2nd floor South Dining Rooms. Also the State survey is posted outside both 1st and 2nd floor South Dining Rooms in the bulletin boards.

Seeking Donations: of used or new electric razors for our residents. Please contact Kris Strickler at 810-664-8571 ext. 129.

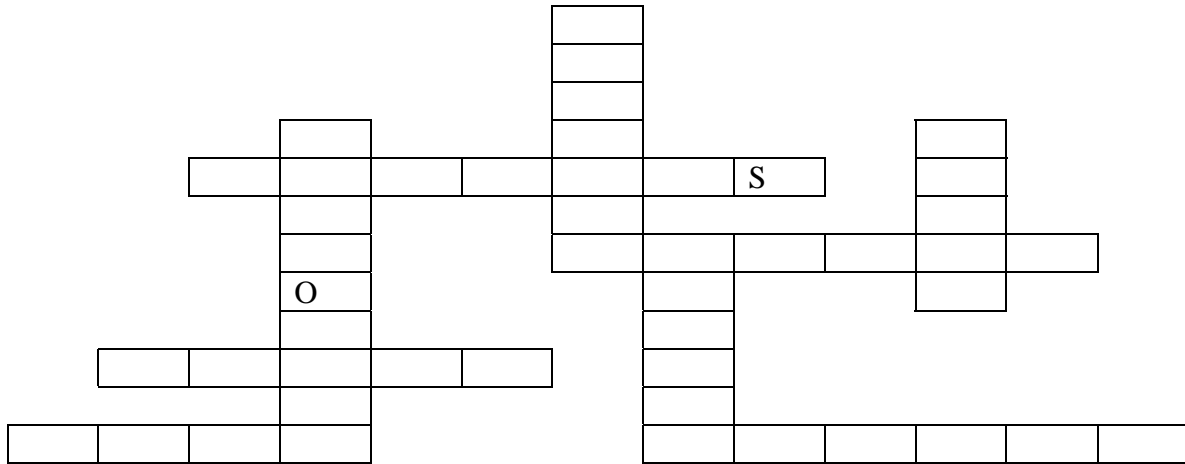
Seeking Donations: of wild bird seed to feed our feather friends. The Residents love to watch and care for them! Please contact Kris Strickler at 810-664-8571 ext. 129.

Attention Family Members: Please remember as the seasons change to add or replace the appropriate clothing for your loved one.

Attention Caregivers: Please join us for a Caregiver Support Group Sponsored by: Heartland Home Health Care and Hospice here at LCMCF at 1:00pm. Please RSVP to Kris Strickler, Director of Social Work 810-664-8571 ext. 129 or Virginia Coulter, Social Worker, 810-664-8571 ext. 128. The day and time of meeting has been changed to the third Thursday of each month at 1:00pm.

Notice of Availability of Hill-Burton Uncompensated Services: Lapeer County Medical Care Facility of Lapeer, Michigan will provide from January 1, 2010 to December 31, 2010 uncompensated services to all eligible persons unable to pay whom request those services. Eligibility for uncompensated services will be limited to persons whose family income is not more than Category C of the current poverty income guidelines established by the human Department of Health and Human Services. This notice is published in accordance with 42 CFR 124.504 Notice of Availability of Uncompensated Services. We invite interested parties to comment on this allocation plan.

Fill in Crossword



Words

BASKETS
 BUNNY
 CHICK
 DAFFODILS
 EASTER
 EGGS
 FLOWERS
 PARADE
 SPRING



NO.14 THERE IS A PROVERB IN THE UNUSED LETTERS OF THIS PUZZLE. WHAT IS IT?

E Y R I E K N O I T A U D A R G I E
 S A E A D E T N E M T R A P A N A P
 U R I B A T H Y R A E P P A L I H T
 B D E L B A H E A R T A F O L K G A
 A I C A C A W I T H A I B R A C N C
 T E O Z L A O L R L I R C A B I A D
 E G U E A I P L A I V E I C T T H G
 L D N A S E E N S C A H R O E A S E
 L I T S S F R O P R N C T L K M E O
 A R Y T I U A T B O I L N Y S G X F
 B B O E C I T T E A D U E T A O A R
 E A U R K T O H R E N P C E B D M G
 I S S U E S R O R F A E C R L I F E
 G E N T I L I T Y Y C S E E A S E T
 Y R E T S A N O M T S D O D L P S H
 N A V I G A T O R F N E D A L E A C
 Y R O T N E V N I I R E D L O E R A
 L A C I N H C E T F O R T Y Y D E Y

WORD LIST

OPERATOR
 TICKING
 DOGMATIC
 ACOLYTE
 MONASTERY
 BALLET
 ABLAZE
 NAVIGATOR
 INVENTORY
 ALLOY
 LADEN

EXAM
 ABLE
 ECCENTRIC
 NEEDLE
 APPEAR
 ABUSE
 COUNT
 SICK
 SPEED
 ERASE
 AID

RASPBERRY
 TINDERBOX
 GRADUATION
 SCANDINAVIA
 SEPULCHER
 EYRIE
 CLASSIC
 GENTILITY
 TECHNICAL
 YACHT
 BAT

SHANGHAI
 BASKETBALL
 APARTMENT
 ACACIA
 ABRIDGE
 PAIR
 ASTER
 FIFTY
 CELERY
 FORTY

GAG
 CAT
 FOLK
 CAR
 ABBEY
 YARD
 BADE
 YOU
 ODD
 OLDER

